

**COMMISSION ON AGING AND DISABLED
REGULAR MEETING
JUNE 1, 2016**

MEMBERS PRESENT

Karen Brecher
Roberta Byron Kolej
Maureen Lynch
Urania Nicholson
Greg Stelmak
Therese Nadeau

MEMBERS ABSENT

Jerilyn Nagel
Patricia Hanbury

STAFF

Dianne Stone
Gail Whitney

STAFF ABSENT

Eleanor Eichner

TOWN COUNCIL LIAISONS ABSENT

David Nagel
Carol Anest

I. CALL TO ORDER

Maureen Lynch called the meeting to order at 6:01PM.

II. PLEDGE OF ALLEGIANCE

III. PUBLIC PARTICIPATION

There was no Public Participation.

IV. APPROVAL OF MINUTES

The March minutes of the Commission on Aging and Disabled were accepted as read.

V. STAFF REPORT

Dianne reported that the bathroom renovations are complete except for some repainting; sink cabinets have been rebuilt. The Eagle Scouts installed a shed in the garden. May programs included: a mini-bird house craft by Louise French from Weezie's Crafts; on May 6th the 6th Annual Spring Fling Prom with members of the Hartford Magnet Trinity Academy and 50 people were in attendance; TED Talk on May 17th; Volunteer Dinner on May 17th; potato workshop with Helena Thompson who is a gardener; May 18th was a community forum on the Town Manager search process. The garden is almost fully planted and volunteers are being recruited. A new program began: a meditation class headed by an RN who is a meditation instructor, and eight people were in attendance. On June 14th at

1:00 PM there will be a reflexology workshop. Upcoming June programs are a Lunch & Learn on Strategies for Maintaining Brain Health; greeting card workshop; dealing with back pain; the movie Brooklyn will be shown.

Dianne spoke about a \$10,000 grant from the State of Connecticut that would assist in rebalancing long term care system by shifting the care in the community. It is called the No Wrong Door System. It would work in conjunction with local community networks by getting information and navigating the long term care system using navigators, connections, influencers throughout the community. Dianne asked that the Commissioners write a letter of support for the grant for the development and maintenance of this system.

MySeniorCenter, the system used for the membership and attendance/use of this building costs \$1,600 annually and is paid out of the membership fee. There is a new system that has an option of placing ads as the screen saver; five different ads that would rotate every 10-20 seconds. Voice connect would also be available with this new system and Dianne could record a message if a program is cancelled and the message would be sent to those who registered for the program. If the Center decides on this new system \$500 would be credited towards the maintenance fee of \$1,600, and the voice connect system which costs \$300 would be free. The Commissioners discussed this and stated as long as something was put in place that the Center is not endorsing these ads. **MOTION: Therese Nadeau made a motion to try this new system on a trial basis and ensuring that something is place on the system that the Center is not endorsing these ads, Urania Nicholson seconded the motion, all were in favor, and the motion passed with a 6-0 vote.**

A. Door Counters

Dianne distributed the monthly totals for the month of May; an average of 412 people per day enter the Center.

VI. MONTHLY TOWN MANAGER'S REPORT

The Town Manager's report was distributed to the Commissioners.

VII. CLUB UPDATES

Dianne reported that AARP 697 has formally disbanded and held their last meeting in May.

VIII. OLD BUSINESS

A. Self-Assessment

Dianne stated this is ongoing.

B. ByLaws Discussion

Dianne distributed drafts of the ByLaws and Rules of Procedure that were discussed at the May meeting. Greg asked that the Commissioners review these over the summer for discussion at the September meeting. When these ByLaws and Rules of Procedure have been discussed and approved by the Commission on Aging and Disabled they will be sent to the Town Council for their review. Dianne will send these documents electronically to the Commissioners.

IX. NEW BUSINESS

A. Nominations and Elections

MOTION: Maureen Lynch nominated Karen Brecher for Chairperson of the Commission on Aging and Disabled, Roberta Byron Kolej seconded the motion. Other nominations were asked three times. The motion to accept Karen Brecher for Chairperson was unanimously approved with a 6-0 vote.

MOTION: Greg Stelmak nominated Maureen Lynch as Vice-Chairperson of the Commission on Aging and Disabled, Therese Nadeau seconded the motion. Other nominations were asked three times. The motion to accept Maureen Lynch as Vice-Chairperson was unanimously approved with a 6-0 vote.

MOTION: Maureen Lynch nominated Therese Nadeau as Secretary of the Commission on Aging and Disabled, Greg Stelmak seconded the motion. Other nominations were asked three times. The motion to accept Therese Nadeau as Secretary was unanimously approved with a 6-0 vote.

B. Strategic Plan

Dianne reported that this is still a work in progress. A CCSU Psychology Professor will once again assist on a survey to send to the membership and tabulate the responses.

X. AGENDA FOR SEPTEMBER MEETING

Remove Nominations and Elections. Add Strategic Plan and ByLaws/Rules of Procedure Discussion to Old Business. Add ADA Discussion to New Business.

Therese suggested that any decision making with regard to the Town's ADA compliance should be shared with the Commission on Aging and Disabled. She will draft a letter regarding this and share it with the Commissioners prior to sending it.

XI. PUBLIC PARTICIPATION

There was no Public Participation.

XII. ADJOURNMENT

MOTION: Therese Nadeau made a motion to adjourn, Roberta Byron Kolej seconded the motion, all were in favor, and the motion was unanimously passed with a 6-0 vote at 7:10 P.M.

The next meeting of the Commission on Aging and Disabled is Wednesday, September 7, 2016 at 6:00 PM.

Respectfully Submitted,

Gail Whitney, Commission Clerk